

## SECTION 3

Please ensure you have read the **SANESA** general Rules and Regulations Section 1 and 2



### CORE LEAGUE DISCIPLINE SPECIFIC

The SAEF is the National Federation which is overseeing the Technical Discipline Rules for the following disciplines comprising the **CORE LEAGUE** of SANESA:

1. Jumping
2. Dressage / Freestyle
3. Showing – Performance Riding
4. Showing - Working Riding
5. Showing - Working Hunter
6. Equitation
7. Prix Caprilli

Although SANESA will endeavor to adhere to all SAEF and DSA Technical Discipline Rules including special dispensations noted in this document, SANESA Rules and Regulations will be final.

#### DRESSAGE DISPENSATIONS - GRANTED BY DRESSAGE SOUTH AFRICA TO SANESA

##### 1. SANESA DRESSAGE RULES

Dressage Rules as per DRESSAGE SOUTH AFRICA (“DSA”) (which can be found on SANESA website under “Discipline offered – Dressage”) shall apply, subject only to the dispensations as set out herein, which rules specifically include/exclude, inter alia, the following:

- 1.1 There may be no cross entry of horse-rider combination between levels at any one show other than the Free Style classes where riders may cross enter.
- 1.2 No horse or pony may do more than 4 classes per day, except ponies competing ONLY in Level 0 Lead Rein classes, which may do no more than 6 classes per day;
- 1.3 It is the responsibility of the rider/parent/Chef d'Equipe to make sure the correct tests are prepared;
- 1.4 All ponies/horses in Dressage are to be clean, neatly turned out and plaited;
- 1.5 The onus is on the rider to ensure that he/she and his/her horse/pony are correctly registered and have entered in the correct classes and to ensure grading is selected on entry to be considered for DSA grading and ranking points.
- 1.6 It is on the onus of the rider/parent to check that the grading and ranking points are issued by the relevant discipline structure.

##### 2. DRESSAGE DISPENSATIONS GIVEN TO SANESA

- 2.1 A horse or pony may compete in the same class with two different riders.
- 2.2 Subject to the restriction on the number of classes that a horse or pony may do per day as set out in 1.2 above;

- 2.2.1 No horse or pony may do more than 2 dressage classes a day other than Level 0 lead rein **only** who can do 6 classes a day.
- 2.2.2 Level 0 On and off lead can do a maximum of 4 classes a day.
- 2.2.3 If participating in Third, Fourth and **PSG level tests a horse may not compete both dressage tests on one day.**
- 2.2.4 Learner judges may judge for all non-graded classes and Qualified NIP instructors and FEI 1 & 2 qualified coaches may judge all level 0 and 1 High schools and Primary schools Level 2.

### 3. SANESA SPECIFIC DRESSAGE RULES AND REGULATIONS DRESSAGE

#### 3.1 PRIMARY SCHOOLS DRESSAGE LEAGUE

- 3.1.1 Rising Stars Challenge Classes:
  - Level 0 : Lead Rein: PROFICIENCY RIDING tests 2016 (40 x 20 arena)
  - Level 0 : Off Lead: PROFICIENCY RIDING tests 2016 (40 x 20 arena)
- 3.1.2 Normal League Classes:
  - Level 1: DSA Introductory Level Tests (40 x 20 arena)
  - Level 2: DSA Training Level Tests (40 x 20 arena)
  - Level 3: DSA First Level Tests (60 x 20 arena)
  - Level 5: DSA Second Level Tests (60 x 20 arena)
  - Level 7: DSA Third Level Tests (60 x 29 arena)

#### 3.2 HIGH SCHOOLS DRESSAGE LEAGUE

- 3.2.1 Rising Stars Challenge Classes:
  - Level 0: DSA Introductory Level Test (60 x 20 arena)
- 3.2.2 Normal League Classes:
  - Level 1: DSA Training Level Test (60 x 20 - PR 40 x 20 arena)
  - Level 2: DSA First Level Test (60 x 20 arena)
  - Level 3: DSA Second Level Test (60 x 20 arena)
  - Level 5: DSA Third Level Test (60 x 20 arena)
  - Level 7 ADV : DSA Fourth Level Test (60 x 20)
  - Level 7 PSG : (Junior Rider Test (60 x 20)

### 4. SADDLERY

- 4.1 Dressage saddles which must be close to the horse and have long, near vertical flaps are compulsory from Elementary medium level upward. General purpose saddles may be used in the lower grades.
- 4.2 Breast plates and neck straps are permitted. Cruppers on ponies are permitted.
- 4.3 Bridles shall be as per instruction on the official test.
- 4.4 Permitted bits are allowed depending on the test ridden. For further explanation please consult Dressage SA National rules document **(pg.26/27, pg.65-72)**
- 4.5 Pelhams with connectors are allowed for Pony rider Prelim classes only.
- 4.6 Bit guards are NOT permitted.
- 4.7 Either a dropped noseband or a Cavesson as illustrated may be used with a snaffle bridle, but not both. **(pg. 65/66/72)**
- 4.8 During warm-up boots, bandages, running martingales and neck straps are permitted.
- 4.9 Side reins may ONLY be used when lungeing (unridden), but no bearing, running or balancing reins or any other gadgets of any kind may be used.
- 4.10 Lungelines may NOT be attached from the girth or any part of the saddle or surcingle.
- 4.11 The use of more than one whip is strictly prohibited

4.12 Exercising or warming up in anything other than the permitted saddlery shall entail elimination of both horse and rider from the event.

4.13 Before entering the arena to ride the test, all boots, bandages, running martingales, bit guards, earmuffs, blinkers and saddle covers must be removed.

4.14 Bridal numbers?

## 5. RIDER'S TURN-OUT

### 5.1 Dress Code:

5.1.1 Protective headgear: three-point harness:

5.1.2 Jacket: Black, navy or dark colour jacket. (Advanced – Tail coat in dark colour). A SANESA rider may wear, and may not be penalised for wearing a school blazer, jacket or tracksuit top, provided the rider present neatly;

5.1.3 Jodhpurs: White/off-white jodhpurs

5.1.4 Boots: Long black boots or leather leggings.(suede not allowed). Pony riders may wear jodhpur boots

5.1.5 Gloves - White / off-white, or same colour as jacket. A SANESA rider may not be penalised for failing to wear gloves for Levels 0 to 3.

5.2 Whip may not exceed 110cm including tassel. (Pony rider whip with maximum length 100cm including the tassel). Crops and showing canes are not permitted.

5.3 Spurs are allowed for all tests and must be made of metal other than a Pony rider - must be blunt metal spurs no longer than 3.5cm. Rowel spurs are not allowed. NO SPURS allowed in ALL level 0 disciplines. Please refer to Dressage SA National rules document for specifications.

5.4 All riders when mounted, must wear protective headgear, secured by a three point harness, at all times.