

# SECTION 3

Please ensure you have read the SANESA general Rules and Regulations  
Section 1 and 2



## CORE LEAGUE DISCIPLINE SPECIFIC

The SAEF is the National Federation which is overseeing the Technical Discipline Rules for the following disciplines comprising the **CORE LEAGUE** of SANESA:

1. Jumping
2. Dressage / Freestyle
3. Showing - Show Riding (Lev 5 & 7 SASA Showing class)
4. Showing - Working Riding (Lev 5 & 7 SASA Showing class)
5. Showing - Working Hunter (Lev 5 & 7 SASA Showing class)
6. Showing - In-Hand Utility
7. Equitation
8. Prix Caprilli

Although SANESA will endeavor to adhere to all SAEF Technical Discipline Rules including special dispensations noted in this document, SANESA Rules and Regulations will be final.

***Last Updated: 28 July 2026***

### 3 SHOW RIDING

#### 3.1 SANESA SHOW RIDING RULES

*Showing Rules as per SASA National Technical Discipline committee rules, including/excluding the following: Showing Rulebook can be found on SANESA website under the INFO, Informational tab.*

- i) There may be no cross entry of horse-rider combination between levels at any one show.
- ii) Horses and ponies are not required to jump.
- iii) No horse or pony may do more than 4 classes per day (includes all disciplines), except ponies competing ONLY in Level 0 Lead Rein classes who may do 6 classes per day.
- iv) In Level 5 and Level 7 Show riding, neat close-fitting numnahs are preferred.
- v) In Show Riding classes all riders must wear a jacket/school blazer, shirt with a collar and tie.
- vi) All ponies/horses in the Show Riding section are to be clean, neatly turned out and plaited.
- vii) For Levels 5 and 7, all competitors must be present in the arena for all phases of the class unless special dispensation for a competitor to leave has been granted by the judge.
- viii) It is the responsibility of the rider/parent/Chef d'Equipe to make sure the correct tests are prepared.

- ix) The onus is on the rider to ensure that he/she and his/her horse/pony are correctly registered and have entered in the correct classes to be considered for grading points. It is on the onus of the rider/parent to tick the grading box when entering the relevant classes.

### 3.2 **SHOW RIDING DISPENSATIONS/DIRECTIVES GIVEN TO SANESA:**

- i) Horses and ponies will compete in separate classes in Level 5 and Level 7.
- ii) NO stallions allowed for Primary and High school classes where a go-around is part of the test.
- iii) Conformation will be judged in all Show Riding classes for both the Primary and High schools leagues.
- iv) There will be no ride by the judge in any class.
- v) Level 5 and Level 7 Show Riding classes to be judged as a Showing class as per SASA rules for ring procedure. Competitors in their individual test may do a show to reflect the type of horse/pony shown, **i.e. a Show Hack or Pony/Show Riding/ Show Hunter.**
- vi) White jodhpurs or breeches are not permitted in Level 5 & 7 Show Riding classes.
- vii) Non-inflatable Body Protectors may be worn. These must be either black or dark blue and Jackets incorporating body protectors must conform to SASA dress code.
- viii) SASA judges on the following panels Junior, Provincial, National, International may judge all levels -Level 0-7
- ix) SASA Judges on the Learner Panel may not judge any levels unless dispensation has been given by the SASA President. A Learner Panel Judge is not allowed to judge by themselves. They may sit in with another judge, to gain experience.

### 3.3 **CLASSES**

#### 3.3.1 **Level 0 off-lead rein ASSISTED class**

- (i) Competitors in the class will be allowed a guide IN the arena, **clearly visible to the judge. If assistance is given from someone outside the arena, this will be seen as outside assistance which is not allowed.**
- (ii) The function of this guide is simply to ensure that the rider moves from one obstacle to the next in the correct order.
- (iii) Any other assistance or coaching in the arena will result in a deduction of 5 marks for each infringement from the total performance mark.

#### 3.3.2 **PRIMARY SCHOOLS SHOW RIDING LEAGUE**

- (i) **Rising Stars Challenge Classes**

Level 0 – Lead Rein & Off Lead: Own test to be designed and ridden - maximum time limit 1 min 30 seconds.

- (ii) **Normal League Classes**

Level 1: Own test to be designed and ridden - maximum time limit 1 min 30

Level 3: Own test to be designed and ridden - maximum time limit 1 min 30

Level 5: Own test to be designed and ridden - maximum time limit 2 min

Level 7: Own test to be designed and ridden - maximum time limit 2 min.

### 3.3.3 HIGH SCHOOLS SHOW RIDING LEAGUE

#### (i) Rising Stars Challenge Classes

Level 0: Own test to be designed and ridden - maximum time limit 1 min 30

#### (ii) Normal League Classes

Level 1: Own test to be designed and ridden - maximum time limit 1 min 30

Level 3: Own test to be designed and ridden - maximum time limit 1 min 30

Level 5: Own test to be designed and ridden - maximum time limit 2 min

Level 7: Own test to be designed and ridden - maximum time limit 2 min